AGA KHAN UNIVERSITY EXAMINATION BOARD

SECONDARY SCHOOL CERTIFICATE

CLASS IX EXAMINATION

APRIL/MAY 2019

Elements of Home Economics Paper II

Time: 2 hours 15 minutes Marks: 45

INSTRUCTIONS

Please read the following instructions carefully.

1. Check your name and school information. Sign if it is accurate.

I agree that this is my name and school. Candidate's Signature

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- 2. There are EIGHT questions. Answer ALL questions. Questions 6, 7 & 8 each offer TWO choices. Attempt any ONE choice from each.
- 3. When answering the questions:

Read each question carefully.

Use a black pointer to write your answers. DO NOT write your answers in pencil.

Use a black pencil for diagrams. DO NOT use coloured pencils.

DO NOT use staples, paper clips, glue, correcting fluid or ink erasers.

Complete your answer in the allocated space only. DO NOT write outside the answer box.

4. The marks for the questions are shown in brackets ().

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Q.1. (Total 4 Marks)
Madiha is a mother of two children. Her children behave with indifference and lack social interaction. She is aware of the importance of good mental health but lacks strategies to develop it in her children.
Recommend any FOUR strategies through which she can promote the development of good mental health in her children.
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Q.2. (Total 8 Marks)
a. State any TWO food sources for each of the following types of proteins. (2 Marks)
Animal protein
Plant protein

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b.	The given picture shows malnourished children.	
	i. Describe the term 'malnutrition'.	(1 Mark)
	ii. Write any TWO effects of malnutrition on the physical development of children	at this age. (2 Marks)
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c.	Carbohydrates are classified into monosaccharide, disaccharide and polysaccharide.	
	i. Describe polysaccharide.	(2 Marks)
	ii. Name any TWO polysaccharides.	(1 Mark)
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Q.3.					(Tota	al 6 Marks)
a.	Given below are three	ee different (types of midday meal.			
	Baked potato, fru mousse		Small piece of poached fis orange juice and rice puddi		French fries, chicker sticks and a small p cheese pizza	iece of
	A		В		C	
	i. Choose the mo	ost suitable a	and healthy meal for a four y	ear olo	d toddler from amon	gst A , B (1 Mark)
	ii. Give any TWO	O benefits of	your choice of meal.	>	ONIA	(2 Marks)
			1010		*	
			111 60, 00			
b.	Zainab kept the follo	owing things	s in the freezer; hence, they g	got spo	oilt.	
	Defrosted n	neat in cold	water • Unpack	ked rav	v vegetables	
	i. State a reason	for the spoil	age of each food item.			(2 Marks)
		10,				
	ii. Give ONE sug	ggestion to Z	ainab for storing food in the	e freezo	er to avoid spoilage.	(1 Mark)

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Q.4.	(Total 6 Marks)		
a.	Mention any THREE social-emotional characteristics that develop in an infant up to the age of six months. (3 Marks)		
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b.	Fahad, a 7 year old, studies in Class 2. His father is called frequently to the Principal's office because Fahad usually fights brutally with his class fellows and reacts aggressively when confronted.		
	Imagine you are a counsellor. Suggest any THREE ways in which Fahad's father can prevent Fahad from beating others. (3 Marks)		
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Q.5.		(To	tal 6 Marks)
a.		w do the following factors affect physical development of children? Give an example to support your answer.	ole in each
	i.	Heredity	(2 Marks)
	ii.	Malnutrition	(2 Marks)
		100	
b.		01111 601 60	
·	•	Impose strict rules on children Punish children for failures Have high expectations from children Do not offer choices to children	
	i.	Identify the parenting style depicted through the given characteristics.	(1 Mark)
	ii.	Mention any TWO effects of this parenting style on children.	(1 Mark)

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Q.6. a.		(Total 5 Marks) EITHER	
u.	i.	Mention any FOUR nutrients that should be a necessary part of a toddler's (3 to 5 years) diet. (2 Marks)	
	ii.	Describe the importance of any THREE nutrients identified in part i. (3 Marks)	
		OR	
b.			
	i.	Which cooking method is the most suitable for the preparation of breast, liver, kidney and neck of lamb? (1 Mark)	
	ii.	Give any FOUR benefits of the cooking method you mentioned in part i. (4 Marks)	
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Q.7. a.		EITHER operative learning strategy is effective in developing social skills in diverse grainary school.' Give any FIVE reasons to support this statement.	(Total 5 Marks) oup of students (5 Marks)
	at pi	OR	(3 Marks)
b.		ned, a 5 year old boy, generally does not have the habit of bed wetting but at tidden lapse. His mother gets annoyed when he spoils the bed.	mes he shows
	i.	Identify ONE common psychological reason for this behavioural problem.	(1 Mark)
	ii.	Describe any FOUR ways through which Ahmed's mother can help him over habit.	ercome this (4 Marks)
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Q.8. EITHER a. Developmental task is the accomplishment of a physical or cognitive skill during a particular age period to continue development. Describe any FIVE developmental tasks of early childhood (3 to 5 years).		
OR		
b. A teacher can be an effective caregiver, a mentor and a role model for students who spend almost 7-8 hours in school.How does the given role of a teacher help in the development of students?		
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END OF PAPER		

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