

AGA KHAN UNIVERSITY EXAMINATION BOARD

SECONDARY SCHOOL CERTIFICATE

CLASS IX EXAMINATION

APRIL/ MAY 2019

Elements of Home Economics Paper II

Time: 2 hours 15 minutes Marks: 45

INSTRUCTIONS

Please read the following instructions carefully.

1. Check your name and school information. Sign if it is accurate.

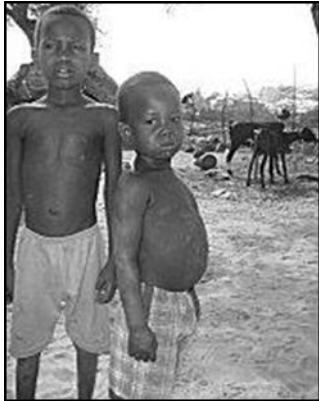
**I agree that this is my name and school.
Candidate's Signature**

RUBRIC

2. There are EIGHT questions. Answer ALL questions. Questions 6, 7 & 8 each offer TWO choices. Attempt any ONE choice from each.
3. When answering the questions:

Read each question carefully.
Use a black pointer to write your answers. DO NOT write your answers in pencil.
Use a black pencil for diagrams. DO NOT use coloured pencils.
DO NOT use staples, paper clips, glue, correcting fluid or ink erasers.
Complete your answer in the allocated space only. DO NOT write outside the answer box.
4. The marks for the questions are shown in brackets ().

b. The given picture shows malnourished children.



i. Describe the term 'malnutrition'. (1 Mark)

ii. Write any TWO effects of malnutrition on the physical development of children at this age. (2 Marks)

c. Carbohydrates are classified into monosaccharide, disaccharide and polysaccharide.

i. Describe polysaccharide. (2 Marks)

ii. Name any TWO polysaccharides. (1 Mark)

PLEASE TURN OVER THE PAGE

Q.3. (Total 6 Marks)

a. Given below are three different types of midday meal.

Baked potato, fruit pie and mousse	Small piece of poached fish, orange juice and rice pudding	French fries, chicken drum sticks and a small piece of cheese pizza
A	B	C

i. Choose the most suitable and healthy meal for a four year old toddler from amongst **A, B** and **C**. (1 Mark)

ii. Give any TWO benefits of your choice of meal. (2 Marks)

b. Zainab kept the following things in the freezer; hence, they got spoilt.

• Defrosted meat in cold water	• Unpacked raw vegetables
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i. State a reason for the spoilage of each food item. (2 Marks)

ii. Give ONE suggestion to Zainab for storing food in the freezer to avoid spoilage. (1 Mark)

Q.4.

(Total 6 Marks)

- a. Mention any **THREE** social-emotional characteristics that develop in an infant up to the age of six months. (3 Marks)

- b. Fahad, a 7 year old, studies in Class 2. His father is called frequently to the Principal's office because Fahad usually fights brutally with his class fellows and reacts aggressively when confronted.

Imagine you are a counsellor. Suggest any **THREE** ways in which Fahad's father can prevent Fahad from beating others. (3 Marks)

Q.5. (Total 6 Marks)

a. How do the following factors affect physical development of children? Give an example in each case to support your answer.

i. Heredity (2 Marks)

ii. Malnutrition (2 Marks)

- b.
- Impose strict rules on children
 - Punish children for failures
 - Have high expectations from children
 - Do not offer choices to children

i. Identify the parenting style depicted through the given characteristics. (1 Mark)

ii. Mention any TWO effects of this parenting style on children. (1 Mark)

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